

VOICE OF THE RESIDENTS

Vol. X11, No. 8

BROADMEAD, COCKEYSVILLE, MD

April 1991

BROADMEAD ARBOR DAY

◇
OUR
FIRST
ARBOR DAY.
on Wednesday.
April 24 at 1:30 pm.
by pond & springhouse.
to plant the first tree(s) as
a symbol of the Community's
long range plan to reestablish trees
OUTSIDE THE PERIMETER ROAD, ONLY,
for the benefit and enjoyment of future
generations of Residents of Broadmead, and
to inaugurate the program PLANTING FOR THE
FUTURE.
NOW.1991

"If a tree dies, plant another in its place." So wrote Linnaeus.

Sadly, trees are taken for granted - until they are gone. Whether felled one at a time by saw or massively by storm, the result is the same: we miss them and their beneficence to us.

In 1634 when Maryland was founded, woodlands covered at least 90% of the land. Today less than 35% is forested. But now, restoration is finally taking place in many areas across the State.

Since Broadmead opened in 1979, it has lost over a third of the mature native forest trees that enhanced the landscape OUTSIDE the perimeter road, excluding the northern wooded hillside. We miss those trees and we need them.

Trees play an essential role in the quality of our environment. Their leaves improve the air we breathe by collecting minute air-borne particles, removing pollutants, and consuming carbon dioxide (which causes the "greenhouse effect"). Like a giant air conditioner they cool the air by transpiring great quantities of water. And, all the while, they are exhaling precious, life-giving oxygen into the air - and our lungs.

A special program called PLANTING FOR THE FUTURE has therefore been initiated. It is sponsored by the Residents Association, in co-operation with Administration.

Its purpose is to re-establish the groves and other areas BEYOND the perimeter road. The initial focus, the pond/springhouse/barn area, will be the site of Broadmead's first Arbor Day on Wednesday, April 24 at 1:30. We hope you will join us.

"He that planteth a tree is a servant of God.
He provideth a kindness for many generations.
And faces that he hath not seen shall bless him."

Henry Van. Dyke

-Nancy Rowe, Tree Committee

*
* DEADLINE FOR NEXT ISSUE *
*
* APRIL 13 *
*

BROADMEAD WELCOMES

SELDON CRANE F-9 785-2410

January 1991

Seldon is a native Baltimorean and a graduate of Poly, Johns Hopkins, and the University of Maryland Law School. After his admission to the Maryland Bar he joined the claims department of the Maryland Casualty Company where he managed their judicial surety bond claims for about 12 years. He then joined a family printing business where he remained until his retirement. He and his brother shared living quarters until his brother's death in 1985.

As a younger man he was a golfer and tennis player but in his later years turned to boating on his Cris Craft Cruiser. He and his brother fished from the boat and Seldon was the self-appointed cook of their catch. His hobby, more recently, has been refinishing furniture, and his skill is apparent when you see the beautiful tables and grandfather clock in his apartment. He hopes to continue this work in the wood shop at Broadmead.

-Betsy Griffin

Apartment Changes

Bob Mason from H-6 to Q-10

CONFLICT RESOLUTION

SPECIAL SERIES - NEW AGE GROUP

The New Age Group looks forward this month to a special series on conflict resolution. Beginning Monday, April 8 at 2 p.m. in the Seminar Room, the book Getting to Yes by Roger Fisher will be the basis of discussions for the Mondays in April. Guest leaders Ralph White (April 8) and Sam Legg (April 15 and 22) will be welcomed, as will be all interested persons who would like to participate in this series.

-Claire Walker

CONCERTS AT BROADMEAD

(In the Lounge)

Saturday, April 6 - 7:15 p.m.
ERIC CONWAY, Pianist

Saturday, April 13 - 7:15 p.m.
FELIX WANG, Cellist

NEW MUSIC COURSE

Topic: Why Opera?

Date: April 25 - May 23, 1991
Five Thursdays

Time: 11:00 till 12:00 noon

Instructor: Sister Theresine SSND

(The answer to the Topic is the Course)

BROADMEAD PROGRAMS

Saturday, April 20, 7:15 p.m.
Auditorium. "Spring Stars and Planets". Jim O'Leary, Director of the Davis Planetarium and the IMAX Theatre at the Maryland Science Center, will show slides and give us an up-to-date report on what to look for in the spring sky as well as information on new science programs.

Saturday, April 27, 7:15 p.m.
Auditorium. "Adventures of a Spice Buyer". Hank Kaestner is Director of Spice Purchasing for McCormick and Company and travels a great deal. Recently he has returned from IndoChina. He will present the program which he gave at the Smithsonian in March. Residents will remember the beautiful photographs of birds he has shown us, many of which have been accepted and used in "National Geographic."

-Dee Whiteford

PHYLLIS GRAMMER
JOB VITAL PART OF HAPPY LIFE

When Broadmead was getting organized and advertising for employees, Phyllis Grammer and her sister, Betty Grove, applied for jobs. Not being interested in food service's weekend work, they were both employed in Housekeeping, in October 1979. Phyllis is now Assistant Executive Housekeeper and Betty the senior aide in the laundry.

Phyllis started work as an apartment cleaning aide. Once Residents began to move in, her job became a vital part of her life. She has never lost the feeling that she and Broadmead belong together, for she always wanted to help older folks.

In her present supervisory job, Phyllis misses her relationships with the Residents, however, she has adjusted to being behind the scenes most of the time. She enjoys all she does and has learned a great deal from her responsibilities and from her contacts with the Residents. One thing she learned was never to make the same mistake twice.

Today's job is altogether different from the days when there were no walks and no carts. Back then aides walked everywhere, carrying their vacuum cleaner and all linens and supplies on their backs. (That "mud era" again! It certainly made an indelible impression on all who lived through it.) Phyllis is now responsible for supervising the two heavy duty cleaners, Reggie and Juan; Andy who picks up our trash and papers and linens; and the "floaters." She helps Evelyn Gough, Executive Housekeeper, with the supervision of the laundry and the Housekeeping Supervisors with their problems.

The sparkling appearance of Holly House is the result of Phyllis's eagle eye and hard work

with Reggie and Juan. All Holly House projects come under her supervision.

One of the pleasures of the present job is attending seminars and going to other communities like Edenwald and Kendal to learn about their systems and to get ideas from them.

Phyllis's family is all-important to her. She and her husband, daughter, and son are very close, enjoy each other's company and have great fun together. Daughter, Laurie, is a secretary at Westinghouse, and son, Danny, is a mechanic with Exxon and an avid golfer. Her family and her sister are her best friends.

Phyllis says she knows that few people are as contented as she is, with a devoted, fun-loving family who enjoy each other tremendously, a job she likes, friendly relationships with the people she meets, knows and works with. "I'm sorry for everyone who does not have what I have," she says.

-Helen Criley



HOW TO TAKE ADVANTAGE OF THE AUDITORIUM'S MAGNETIC LOOP

First of all, to do so you must have a hearing aid of the type that has a so-called "telephone position (T)." Not all hearing aids have this, but in buying a new hearing aid it can be obtained at no, or minimum, extra cost. Unfortunately, it is not something that can be added later. To use the magnetic loop, turn your hearing aid to the telephone (T) position, and turn up the volume control - probably to maximum. You can sit anywhere in the auditorium except right near the thermostat on the inner wall where you would get an added 60 cycle hum.

The loop gives you the sound of whatever is said into any one of the public address microphones, or that comes from the movie projector, without having to come to you through the loud speakers, and thereby getting distorted by reverberations and other room acoustics. As you probably know, clarity of sound is just as, or even more, important than loudness to the hard-of-hearing.

Incidentally, many Baltimore churches have magnetic loops, and even advertise this fact in the Saturday newspaper listings.

-Mal Gross

HEALTH EDUCATION UPDATE

The Staff-Resident Health Education Committee thanks the 106 Residents who returned its questionnaires.

First choice was the topic "Medical Ethics: New Problems for Patients and M.D.s." Closely following was "Keeping Your Body in Motion - Use It or Lose It." The third selection was "Your Understanding of Hearing Impairments and Their Effects on Others."

We are working on plans for a good speaker, and a date, and will notify you of our progress.

-Paula Balser

UNITED PARCEL SERVICE UPDATE

New UPS rates went into effect February 18th for all domestic ground and air delivery services. According to UPS, overall 1991 rate increases will offset the rising cost of wages, benefits and fuel. The majority of outgoing Broadmead Residents' packages are sent by UPS ground service. This service will now differentiate between commercial deliveries (up 3.2%) and residential deliveries (up 16.1%). Because residential deliveries entail more miles of driving and fewer packages per stop, they are more costly for UPS than commercial deliveries. The cost increase of sending UPS packages will be reflected in the charge to Residents but the Broadmead handling fee of 30¢ per package will remain the same (even though the weekly service charge to Broadmead has increased).

Between Thanksgiving and Christmas, approximately 300 million packages flowed through the UPS air and ground delivery network Broadmead Residents sent 366 of those and Heaven only knows how many came in!!!

The only other additional charges that may affect any significant number of Broadmeaders are the Address Correction increase from \$2.75 to \$3.25 and Declared Value from 25¢ to 30¢ per \$100. If you have any questions regarding United Parcel Service, see Nancy Grant in Administration.

-Nancy Grant



FOR OUR "INVISIBLE WRITERS"

In order to use filler material in the Voice, it is necessary for the editor to have the name of the Resident who submits it. If it is a quotation from another publication, the source should be given.

DAVID GRIES - FOREIGN POLICY IN THE
1990s

Our speaker on March 9 was David Gries, Vice Chairman of the Intelligence Council in the Office of the Director of Central Intelligence (and son-in-law of Louis and Klare Hamburger). Speaking to a large and appreciative audience, he presented a mixed picture of what the world situation may be like in the 1990s. As he put it, containment of the Soviet Union was the keynote of American foreign policy from 1945 until about 1990, but now, with the great changes in the USSR, containment of the Soviet Union is unnecessary and we face a new era.

In several ways things are likely to be better: less intervention in the Third World now that there are no Soviet surrogates to be concerned about; less role for the military and more attention to economics; less close relations with unsavory dictators; more attention to our own old values such as human rights (exemplified already by our genuine change in relations with China since the Tienanmen massacre); more attention to the U.N.

In other ways, in his view, our problems are likely to be more severe: more need to control proliferation of chemical, biological and nuclear weapons; weaker relations with our allies in NATO; less bipartisanship in Congress; less cooperation between Congress and the President; more turbulence in the world as a whole, especially the Third World; more turbulence in the USSR as it struggles with its transition to a market economy and with its ethnic problems; much more terrorism. In Iraq he sees little prospect of better rule; after Saddam Hussein there might be another "Takriti," as ruthless as Saddam, or there might be Shiite rule over at least the southern part of Iraq, in which case it might become allied with Iran and a threat to the Arabs. He sees continuing friction between the U.S. and China,

since China is no longer a needed counterweight to the USSR, and since, with younger leaders unable to move up, rule is still in the hands of the old-timers.

Asked about the U.N., he remarked that the General Assembly, divided into blocs, has not been very responsible. He is not optimistic about reforming voting rules by changing the Charter; giving Japan and Germany permanent membership in the Security Council would probably come first, and that would make reform in the Assembly more difficult.

Asked about a Conference dealing with the Arab-Israeli conflict he was somewhat more hopeful. He sees some prospect that Saudi Arabia might now "do what Egypt did" in coming to terms with Israel, and some hope that Israel might exchange "land for peace," which would be "a big step forward."

- Ralph White



ZOO AT BROADMEAD
Muth Display Case, Feb. 1991

OLDFIELD DANCERS

At Broadmead on March 8th, it was a case of the students becoming the teachers and the taught being the audience to see the Oldfield Dancers. Numbers from classical ballet to Jazz and Modern were presented. The evolution from ballet to the Jazz and Modern was explained and demonstrated.

The young ladies, 14 to 17, danced under the direction of Martha Kleine. Their commitment is two hours each day of what we would call the most vigorous aerobics. In addition, some of the choreography was produced by them.

If none of these performers become professional, all can look back on that early spring evening knowing they gave pleasure to the Residents of Broadmead.

-B-flat



DID YOU KNOW?

Books on cassettes are now available in the Bookmobile which comes to Broadmead alternate Tuesdays. This is a special service for Senior Citizens.

New spring items are now in the Country Store.

The Neighborhood Development Committee says that Judge Murphy of the Circuit Court of Baltimore County has ruled (the long awaited supplemental decision) that the UPS facility is due a public hearing. In response to this recent ruling, UPS and Baltimore County have made a joint appeal to the Maryland Court of Appeals to deny the community the right to a hearing.

MUSIC REVIEW

ISTVAN SZABO, VIOLIN
RACHEL MATHEWS, PIANO

Violin and piano were the features of the Broadmead concert on the first Sunday in March.

The Hungarian-born violinist, Istvan Szabo, presently an advanced student in the Peabody Conservatory, charmed his audience with brief remarks about each number and delighted his listeners with his performance of the solo J.S. Bach Partita in E-major which opened the program, and the Handel and Mozart sonatas which followed. He called attention to the development of the sonata as the baroque evolved into the classic.

Rachel Mathews, also a Peabody Conservatory advanced student, proved to be an excellent partner at the keyboard. She starred in her own right in the playing of the touching and beautiful Schubert Sonata in A-minor, written two years before his death.

Mr. Szabo concluded the enjoyable afternoon of music with folk tunes by his 20th century countrymen, Kodaly and Bartok.

-B-flat

POEM

By Laura Biddison, last year, at the age of 13. Submitted by her grandmother, Resident Ethel Biddison.

"Some people are loud
You can hear their voices for miles
Some people are strong
They lift a hundred pounds a day
Some people are fast
They run like the wind
Some people talk a lot
They say a lot but don't have a purpose to it
Some people are quiet and strong
They never let on how much they hurt
Some people are shy
They never say much until it hurts too much inside
But some people are wise
Knowing when to talk and when to back off."

BROADMEAD LIBRARY NOTES



A selection of recent additions to the Library

FICTION

- Auel, Jean M. The plains of passage. 1990.
Boyle, T. Coraghessan. East is East. 1990.
Drury, Allen. Toward what bright
glory? 1990.
Hall, Martha Lacy. The apple-green
triumph and other stories. 1990.
Hynes, James. The wild colonial
boy. 1990.
Johnson, Charles Richard. Middle
passage. 1990.
Matthiessen, Peter. Killing Mr.
Watson. 1990.
Morgan, Seth. Homeboy. 1990.
Palliser, Charles. The quincunx. 1990.
Pynchon, Thomas. Vineland. 1990.
Steel, Danielle. Message from NAM. 1990.
Stegner, Wallace. Collected stories
of Wallace Stegner. 1990.
Updike, John. Rabbit at rest. 1990.

FICTION - M

- Hillerman, Tony. Coyote waits. 1990.
Le Carré, John. The secret pilgrim. 1990.

LARGE PRINT

- Boyer, Peter J. Who killed CBS?... 1988.
Buchwald, Art. You can fool all of
the people all the time. 1986.
Getty, Estelle. If I knew then what
I know now...so what? 1988.
Rooney, Andrew Aiken. A few minutes
with Andy Rooney. 1982.
Truman, Margaret. Murder at the
National Cathedral. 1990.

(Continued in May issue)
-Emily Schilpp

SPRING BIRD & NATURE PROGRAM

"For nature gives to every season
some beauties of its own." - Charles
Dickens

So won't you join us? Look,
listen, learn, share and, above all,
discover something new this spring.

Our scheduled activities in-
clude Migration Bird Walks, Wild-
flower Walks, and Classes in Identi-
fication of Birds and Bird Songs,
using slides and tapes. Some walks
will be at Broadmead and others off
campus, lasting from 1 to 2½ hours
respectively. One wildflower trip
is longer, because of greater dis-
tance.

"Short-notice" activities,
which cannot be scheduled far ahead,
include: a Bluebird Walk; Bird
Banding Demonstration; Evening Bird
Song Walk; and usually a "circum-
stantial" one.

<u>Wildflower Walks</u>	<u>Bird Walks</u>
Tuesdays at 1:30	Saturdays, 8 a.m.
April 2 - May 21	April 6 - May 18
(April 23, 10:00 to 3:30)	

Classes

Wednesdays, 10:30-11:30
April 3 - May 22
(except 4/24 & 5/1)

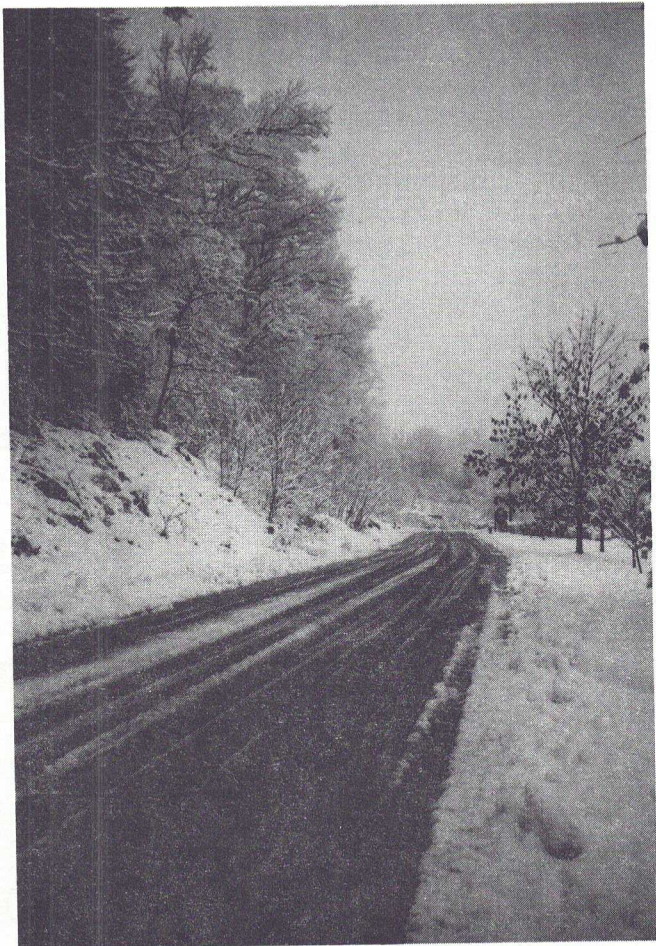


Details will be posted on the
Bird & Nature Bulletin Board (right
end). Check it the day before a
walk for any additions or correc-
tions. Some off-campus trips re-
quire signing up. Watch for "short-
notice" walks.

We'll be welcoming newcomers,
expecting old-timers, and hoping for
beginners and experts alike.

Call me if you have any ques-
tions. Please record any bird and
nature observations on the bulletin
board pad. None is too insignifi-
cant.

-Nancy Rowe



The request of the Voice for Resident's pictures of Broadmead brought a gratifying response. The accompanying pictures by Ruthanne Baldwin and Mary Louise Moon, respectively, are reminders that we did have winter in 1991 even though it did not last long.

Keep the pictures coming!

"It's snowing for the third time!"
 "Pooh, it's only
 Another snowy evening!"

Fukaku
 Haiku, R.H. Blyth



DIET LECTURES
MEET WITH ENTHUSIASM

Karen Olsen, Broadmead's dietitian since 1984, led a series of four bi-weekly discussions on nutrition, in February and March.

Karen earned her degree as a dietitian at the University of Delaware and subsequently received national accreditation, licensed in Maryland.

Of the four meetings only the first preceded the Voice deadline. Karen discussed Diet Therapy and Evaluating Diets. Highlights were: 1) Modification of an average diet, along with exercise, giving a weight loss of one-half to two pounds per week. This involves reduction of fat content, reduction in portion sizes, elimination of some items on the dining room menu (soups, desserts, etc.). 2) Formula diets, novelty diets, and low carbohydrate diets should be avoided. 3) Weight reduction programs can be adversely affected by loss of motivation or use of food to satisfy emotional needs.

Three subsequent subjects planned were: Artificial Sweetness, Sodium and Calcium, and Fibers. Enthusiastic interest was expressed by Residents who participated.

Information provided by
-George Anderson
-Lucretia Shroat

IN MEMORIAM

R. WILSON EVITT

February 25, 1896 February 27, 1991

GEORGE H. RILEY

February 17, 1914 March 11, 1991

CONSERVATION CORNER

A recent article entitled "Greenwash" in the March-April issue of Mother Jones documents how large industries try to whitewash their environmental pollution. "While General Electric trills, 'We Bring Good Things To Life,' it profits from deadly nuclear weapons work, having helped create the radioactive nightmare at Hanford Nuclear reservation and the Knolls Atomic Power Lab - hence the on-going boycott of GE. With lovingly rendered animal portraits, GE proudly advertises its sponsorship of National Audubon Society specials on PBS, but neglects to mention that, according to Citizens Fund, it ranks number one in Superfund sites and released more cancer-causing chemicals into the environment in 1988 than any other U.S. company."

The environmental organization, Greenpeace, received a letter from a New York public relations firm saying, "We need your help. We know from your work that you recognize how critically important it is to reverse the declining quality of our air, land, and water, and to safeguard these resources before they are spoiled forever...entreating Greenpeace...to help promote a globally televised enviro-concert called Earth '90." Not long before that the same firm had written to suspected Mississippi River polluters, warning that Greenpeace might make them a protest target and offering seasoned expertise claiming they had worked on Three Mile Island, Texas Eastern's PCB problem, the dioxin crisis, and Ashland's Ohio River spill. The letter suggested the firms hire them to "develop strategy for counteracting Greenpeace when it reaches your facilities..." Without checking the record of one of the companies they told them, "We can help select the most effective spokesman to convince the community and media of (your) credibility. The way the message is delivered by the company's spokesman is as important as the message itself." -Lloyd Tyler

VOICE OF THE RESIDENTS

Published by and for

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